



REVIEWING **LIFE WITH COVID 19**

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The world is NOT in a
good shape currently

Global Confirmed Case: 91,374,370
Global Deaths: 1,956,635

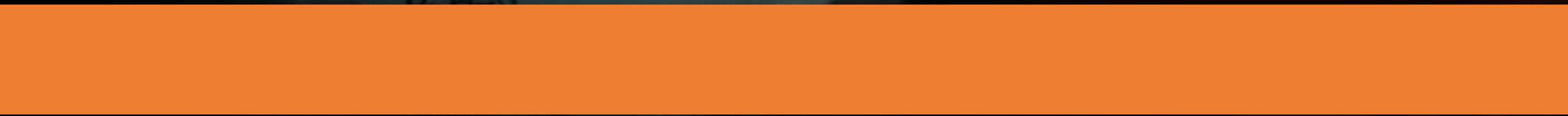
JOHNS HOPKINS
UNIVERSITY & MEDICINE

CORONAVIRUS
RESOURCE CENTER

..... and rising !

As of Jan 12, 2021

WorkForce is affected
with the pandemic



Access Control Programs



Health Practices

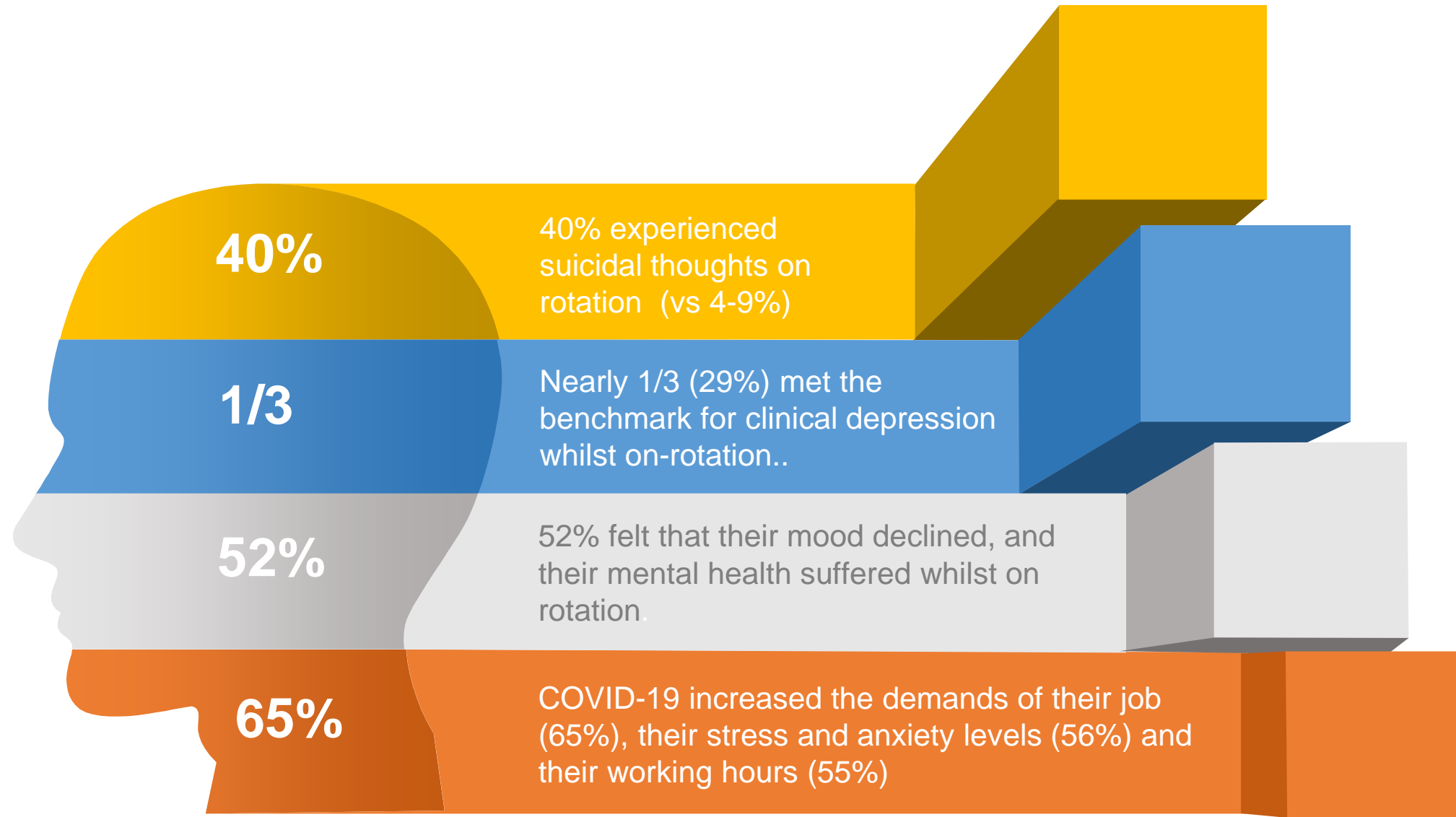


A photograph of a person in a green hoodie sitting at a desk in a home office, working on a laptop. A baby in a red shirt and patterned pants is lying on the floor in front of the desk, and the person is gently holding the baby's hand. The scene is dimly lit, with the desk and laptop being the primary light sources.

Home Office

Ergonomics

PSYCHOLOGICAL EFFECTS



62%

When on rotation
62% had lower levels
of wellbeing than the
general population

Wellbeing

Lower general wellbeing
dropped to 31% while off
rotation

31%

PA and Sleep

35% took less exercise and
38% had worse sleep
quality when on rotation

35%

28%

Nutrition

Over a quarter (28%) were
less able to eat a nutritious
diet

Risky behaviours

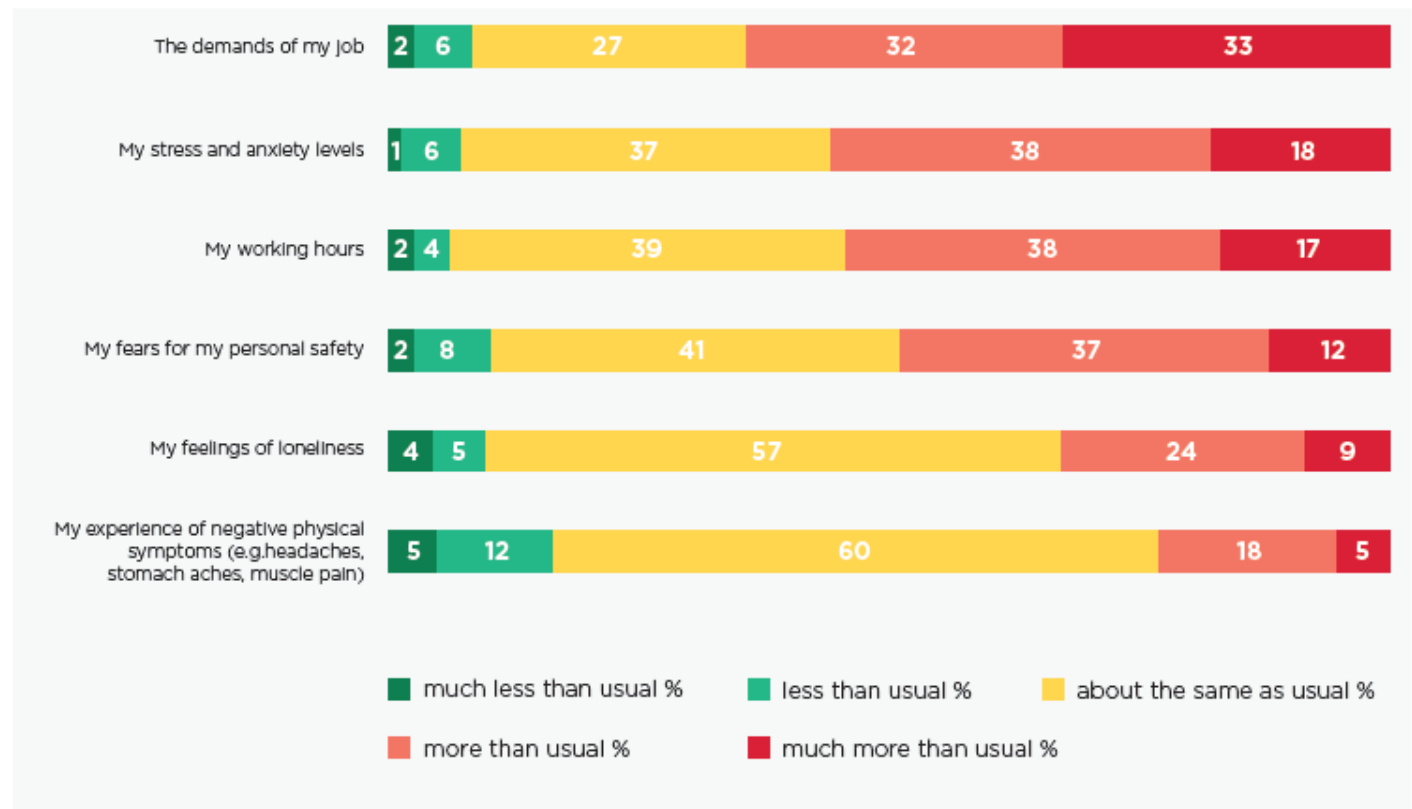
4% more likely to have
unprotected sex

4%

Mental health is just the tip of the iceberg

MENTAL HEALTH CHANGES DURING COVID19

- The majority of respondents found that the pandemic had increased the demands of their job (65%),
- their stress and anxiety levels (56%) and their working hours (55%). Nearly half were also more concerned for their personal safety (49%). A third (33%) of employees had also seen their feelings
- of loneliness increase, and nearly a quarter (23%) had experienced an increase of negative physical symptoms.



Portes Gates B25 - B43
Portes Gates C44 - C45
Portes Gates C63 - C69

C
50

Travel Restriction

Healthcare System Access



COVID 19 Testing Technologies



A large, white, sans-serif text overlay that reads "COVID 19 Vaccination". The text is positioned in the lower-left to center area of the image. Below the text is a solid orange horizontal bar that spans the width of the image.

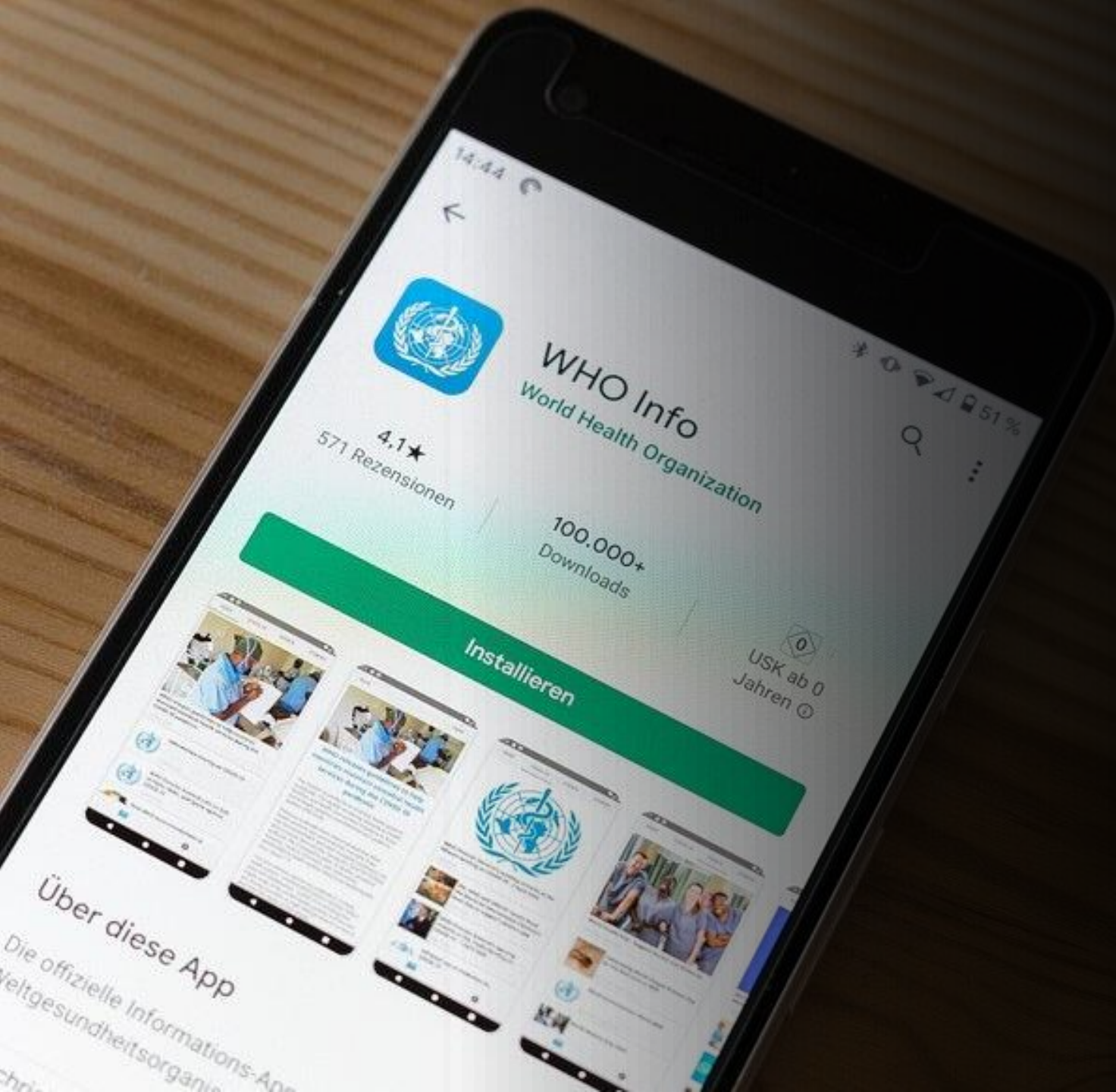


Remote Work

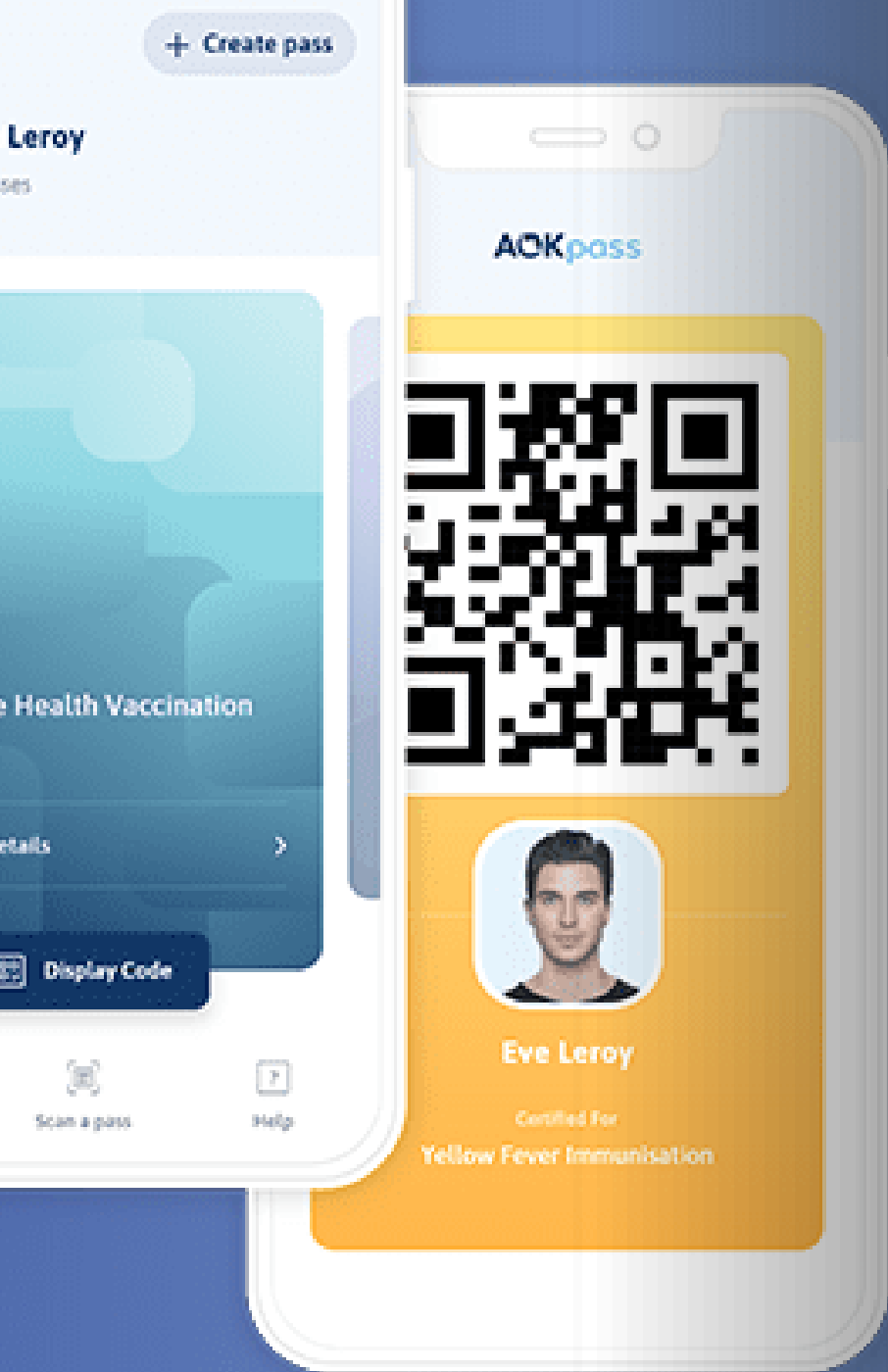


Digital Communication





Health Information



Digital Health Passes



Wellbeing Resources



Light at the End
of the Tunnel



**THANK YOU
QUESTIONS?**

